

Name of Competition: Skip for Heart 2025 Log Activity in 5 Days

This promotion is in no way sponsored, endorsed, administered by or associated with Facebook, Twitter or Instagram. You are providing your information to the National Heart Foundation of Australia ABN 98 008 419 761 (Heart Foundation) and not to Facebook, Twitter or Instagram. By participating in this promotion, you agree to a complete release of Facebook, Twitter and Instagram from any claims. Participation in this promotion is subject to the Skip for Heart 2025 Log Activity in 5 Days.

Any entrant found to be creating multiple social media accounts (e.g. multiple Twitter accounts) in order to submit more entries will be disqualified.

Details of Participation

Information on how to enter forms part of these Details of Participation and entry is deemed as acceptance of them.

No purchase is necessary to enter the contest or redeem prizes.

Contest commences on 12:01am AEDT on Saturday November 1 2025 and entries close at 12:00pm AEDT on Wednesday November 5 2025.

Entries not received by that time & date or not completed in accordance with the Details of Participation will not be eligible to win.

Prize

Prizes: 5 prizes, each comprising a Heart Foundation merchandise pack valued at \$60.

Total prize pool is valued at \$300.

If any prize is unavailable, the promoter reserves the right to substitute another item for the prize, in its sole discretion, of equal or higher value.

All prize values are correct at the time of printing.

Prizes are not transferable or redeemable for cash unless otherwise indicated.

Who can enter

Contest is open to Australian residents aged 18 years or more who have registered for Skip for Heart 2025 through the Skip for Heart web page.

Employees of the Promoter and their immediate family members are not eligible to enter. Supplier's employees are not eligible to enter.

How to enter

Registered participants in Skip for Heart 2025 will be entered automatically once logging number of skips completed during the period of the competition.

Prize Draws

The odds of winning are based on the actual number of entries received.

Neither the promoter nor any of their agencies are responsible for lost, late, damaged, misdirected, incomplete or ineligible entries.

The Promoter's decision is final, and no correspondence will be entered into.

All prizes are guaranteed to be given away by random drawing from all methods of entry of this contest.

All prize draws and redraws will take place at Level 3, 80 William Street, East Sydney NSW 2011 at 10:00am AEDT on the draw date. The prize draw will take place on Thursday 6 November 2025. If a prize is not claimed within 3 months of the draw date, a redraw will be conducted on February 6 2026.

Notification

Winners will be notified by phone or email where possible. The winners' names will be published on www.skipforheart.org.au on November 6 2025. Winners of redraws (if any) will be published on www.skipforheart.org.au on February 6 2026. Prize winners list may be obtained by visiting www.skipforheart.org.au

Privacy Statement

Your Personal Information is being or has been collected by the National Heart Foundation of Australia ABN 98 008 419 761 (Heart Foundation, we, us, our) to facilitate services requested by you and /or to keep you informed about Heart Foundation related activities. We respect your privacy and embrace the principles contained in the Privacy Act. We may contact you in the future for the promotion of heart health messages and programs, research, fundraising purposes and invitations to events. If you attend our events you may be photographed or filmed and images &/or audio may be used in various mediums to promote the Heart Foundation. Please tell event staff if you do not wish to be photographed or filmed. Personal details may be provided to third parties where required by law or for the purpose of facilitating services contracted by us, in so doing your personal information may be disclosed to overseas recipients. Further information is available in our Privacy Notice or on request. Communications from us may include mail, email, social media, SMS or telephone contact and may also include messages on behalf of event sponsors and other third parties. By providing your information to us you agree that you

have provided your indefinite consent to this contact. You may withdraw consent at any time though in doing so we may not be able to provide you with services requested. The Heart Foundation will not disclose your information to any third party for their marketing purposes.

If you do not want to receive further communication from us (other than information that relates to this service) or if you have any questions about privacy please contact our Privacy Officer via GPO Box 9966 in your capital city, privacy@heartfoundation.org.au or by calling 13 11 12. Our APP privacy policy is set out in our Privacy Notice and details how you may complain about privacy issues and how we would deal with that complaint. It also explains how you can access, correct or update information we hold about you. A copy of our Privacy Policy is available at www.heartfoundation.org.au or on request. [HFPS01-190107-E] The promoter is National Heart Foundation of Australia ABN 98 008 419 761 of Level 2, 850 Collins Street, Docklands Vic 3008.